

Q: What if I can't afford to pay for a mission trip?

A: Don't let cost be what stops you from going on a trip! Most of our trip participants support raise the cost of their trip, and we can connect you with missions scholarships as well. We will provide training for you to help you get started fundraising, as well as assistance along the way. While many of us aren't able to pay for a trip like this out of pocket, God is more than able to provide! Often, the first big step of faith where we see God move is through the support raising process, before we even step foot on a plane.

Q: I've never been on a mission trip or overseas before. Do you think I need more experience before going to the other side of the world?

A: Susannah (E1 US college director) here - my first time overseas, and the second time I ever got on a plane, was on my first Empower One trip to South Sudan! It was definitely a big step, but there was something really special about jumping in headfirst, trusting God, and seeing him move. I can say firsthand that it was an amazing, life-changing experience! Plus, we have multiple training sessions to make sure you're prepared and ready to go – and our African churches are *incredibly* welcoming!

God is all about using people who might feel under-prepared because it shows his power that much more. (See Moses, Jeremiah, Peter, and many, many other examples.) If this is what God has put on your heart, I'd encourage you to jump right in!

Q: What does a typical day on a trip look like? Will we be doing any construction or using other skills?

A: To be honest, every day is a little different! We like to be flexible and help our African leaders with whatever they need. But most days we'll head to a church plant in the morning and do outreach alongside the African leaders there. By mid-afternoon, we will go back to the flagship church (church-planting center) to fellowship with believers or have a training led by local leaders.

We rarely do construction on mission trips because (a) our African friends are usually better certified for that and (b) it gives them jobs and skills to provide for their families. It is really helpful to them for us to go share the gospel and encourage one another. If you have skills or passions you want to use on mission, let us know and we'd love to talk about how you might be able to use them! As we empower African leaders, it's important that we ask them what they need first and allow them to host us.

Q: How can I prepare for an Empower One mission trip?

A: Great question! We will have four pre-trip training sessions before each trip to go over logistics and prepare for our activities when we are in South Sudan - from support raising to packing lists to sharing the gospel to ministering in another culture. However, if you want to do some personal preparation as well, the book "When Helping Hurts" by Steve Corbett and Brian Finkkert is a great read & a favorite of our US staff!

Q: I'm not in college, but I'd like to go on a trip. Are there any options for me?

A: Absolutely! If you're college-aged, we would love for you to join us on a college trip no matter what path you're on. If you are out of college, Empower One has a place for you too. Please fill out [this interest form](#), and we'll help you find a trip that might be a good fit.

Q: How can my college ministry get involved with Empower One?

A: There are several opportunities for ministries to partner with Empower One, from short-term trips to prayer, to giving, as well as discipleship opportunities. We'd love to talk more about what best fits your ministry. You can reach out to susannah@empower-one.org to get started!